Manuel Diaz

(Manny)

Servicios en Español



AMFT #137736

Manny's clinical specialties include working with LGBTQ+ populations of all ages alongside applying principles of sex and couple's therapy. He operates using an intersectional and affirmative counseling framework with clients on gender and sexuality topics, racial and social justice issues, and helping them explore and navigate diverse sexual relationships and subcultures among other clinical related areas. He is certified in Cognitive Behavioral Therapy to treat Late Life Depression with clients aged 60+, has completed trainings in Anti-Racism Counseling, and has experience facilitating a Sex and Body Positive counseling support group. As a current PhD candidate in clinical sexology, he works to provide clients with an affirming and safe space to explore their presenting concerns, social identities, and relationships which is a priority for him.