

# Alexandria Akins



AMFT #145109/ APCC #15848

Alexandra Akins is an Associate Professional Clinical Counselor and Associate Marriage and Family Therapist who specializes in working with those experiencing the effects of trauma in their lives. Alexandra has experience working with individuals from all walks of life including survivors of trauma, the LGBTQ+ community, and those struggling with symptoms of depression, anxiety or personality disorders. In their practice, they strive to always take into account the unique perspective of each individual by utilizing a holistic and person-centered approach to guide individuals, families and couples towards achieving empowerment and mastery over their own unique circumstances.

Supervised by: Andreaa Tomescu LMFT #51288