

Debra Walbrink



LMFT # 138060

Debra provides an empathic and supportive environment to help her clients achieve positive changes in their lives. Her approach is tailored to each individual's needs and comfort level. Debra has over 12 years of experience working extensively with a wide range of clients that include LGBTQ+, adults, and couples that are struggling with mental health issues and having difficulties navigating through their life. Her specialties include depression, anxiety, low self-esteem, psychosis, addiction, life transition, women's issues, career counseling, divorce, grief & loss, and unresolved childhood trauma. Debra is passionate about working with her clients and with helping them to achieve a more balance and productive life.