

Sandra Mejia

Servicios en Español



AMFT #147437/ APCC #16784

My name is Sandra Mejia, I am a Bilingual Associate Marriage and Family Therapist. My primary objective is to assist people in achieving emotional well-being. My areas of interest are developing healthy relationships, improving communication, and nurturing emotional well-being. Working in the medical field gave me the opportunity to interact with people of all ages. My motivation to become a therapist came from that aspect of my work. I obtained experience working with older adults while pursuing my therapist training. I am looking forward to the variety of age groups I will be exposed to yet again. I am an alumni from California Baptist University, with a Master's of Science in Counseling Psychology.

Supervised by: Vanessa Mullen LMFT #125278